



## FOR LIGHT COLORED TEXTILES, SWEATSHIRTS AND TOTE BAGS

### Settings for Color Copiers or Laser Printers

Mirror image:	ON
Media type:	Heavy, Thick, or Card Stock
Paper Feed:	Manual (where possible)
Paper Exit:	Bypass (or as straight as possible)

### Heat Press Settings

- 390°F (200°C)
- Heavy Pressure (60-70 PSI)
- 30 Second dwell time in heat press

### Printing

Print onto the glossy side of the transfer paper using the printer settings above.

### Cutting

Cut the remaining white area away from around the printed design on the transfer paper. It is okay to leave some white area around the print.

### Imprinting

- Place textile on press. Pre-press textile for 5 seconds to remove any moisture.
- Position Five Star with the printed side down on the textile.
- Cover with fleece sheet provided in each pack of paper.
- Press for 30 seconds.
- Peel the Five Star backing sheet off the textile while hot.
- Never remove the textile from the press before the backing sheet has been removed.
- Pull the shirt from both sides. This will help decrease the “hand” of the transfer.

### Washing & Ironing

- Wash inside out in water no higher than 140°F (60°C).
- To iron the textile, cover the printed image with baking paper and iron on low heat.

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